Language Activity

* Listen to story “The Day The Crayons Saved The Rainbows” by Monica Sweeney. Talk to mum and dad about how the sun and cloud might have felt, when they had a fight? i.e angry, cross, sad. Discuss feelings, when they became friends again at the end.
* Discuss different colours and their association with emotions. e.g. blue, with sad and perhaps yellow, with happy, red – angry. We may all associate different feelings or moods, with each colour. While blue is often associated with sad, many people also find it very peaceful and calming. Use a strip of paper, to make a chart with different colours across the top, using paint/felts/colouring pencils.
* Draw a picture and write a simple sentence of how you feel today! Which colour on your chart represents how you feel today? Talk about why you picked that colour? (See template on website, or use as a guideline).