**KS2 Sex and Relationships Education (SRE) Overview**

**Year 3**

* Why are relationships important to people?
* To recognise the importance of family relationships.
* To appreciate the uniqueness of each family.
* To identify different positions within the family.
* To understand the qualities within loving relationships.

**Year 4**

* To know that physical growth and change happen to all people.
* To understand that change is a normal aspect of life.
* To learn some of the main physical and emotional changes that take place when growing up.
* To understand the difference between appropriate and inappropriate touching.

**Year 5**

* To learn that physical change happens at different rates for different people.
* To understand the feelings caused by puberty.
* To know how to access support for questions about puberty.
* To understand changes that take place during puberty.
* To understand the importance of cleanliness.

**Year 6**

* Explore the functions of male and female sexual organs in relation to conception.
* To develop an understanding of the importance of keeping healthy during pregnancy.
* To understand how babies are born and how they are cared for.
* To develop an understanding of the need to take increasing responsibility and the importance of making good choices as they grow older.