‘Our feelings and colours’

* After reading story “How The Colours Saved The Rainbow” by Monica Sweeney, discuss different colours and their association with emotions. e.g. blue, with sad and perhaps yellow, with happy, red – angry. We may all associate different feelings or moods, with each colour. While blue is often associated with sad, many people also find it very peaceful and calming. Use a strip of paper, make a chart with different colours across the top, using paint/felts/colouring pencils and underneath draw a face/write words, to represent how the colours make you feel! (This is also part of our Lang activity for this week).











